

Spring
2023



CAPS Let's Talk Mental Health Consultation

uh.edu/caps/outreach/lets-talk | 713-743-5454

Mondays
Athletics Alumni / ACE bldg
Room 2106E
12:30 - 2:30pm
Zoom 91244361097
3 - 4pm

Tuesdays
Campus Rec & Wellness Center
Wellness Office
3 - 5pm

Wednesdays
Student Center
Museum District Room 211
9 - 11am

Thursdays
Student Service Center 1
Room 210D
10am - 12pm
Zoom 91244361097
3 - 4pm

Fridays
MD Anderson Library
Room 264D, Brown Wing
11am - 1pm

MASKS
ENCOURAGED

