



# Free Sample!

## Smart Snacks

Crunch & Munch to Your Health:

- Enjoy air popped pop corn
- Eat fruits, veggies & healthy dips
- Try baked or low fat snacks
- Add a little protein with peanut butter or yogurt

**11AM - 2PM**

Sept. 29 - Moody Towers

Oct. 1 - OBerholtzer Hall

**Just4U**<sup>®</sup>  
Healthy Bites

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