

Food Service Advisory Committee

March 7, 2014

Approvals

- February Meeting Minutes
- Academic Year 2014/2015 Board Approved Meal Plans/Pricing

Dietitian Update: Halal Focus Group

- April 1st from 11 am - 2 pm
- Green Mountain Energy Room inside FFCo.
- Students, faculty, and staff on a halal diet are encouraged to attend
- Testing new recipes and surveying attendees
 - Chicken Balti
 - Baba Ghanoush
 - Possibly adding a 3rd recipe

Dietitian Update: Halal Focus Group

- Marketing
 - UH Main Website
 - Pitching story to Daily Cougar
 - Posters around Campus
 - News Release
 - Targeting Student Organizations
 - CoogNews
 - A&F Newsletter
 - TV Screens
 - Social Media (Facebook/Twitter)

Dietitian Update: Menu Rotation

- 4 week rotation
- National menu (Cougar Woods)
- Localization
- Vegetarian/vegan options
- Navigating the dining hall and your options
 - Contact the dietitian! → Feye-Sarah@aramark.com

Dietitians Update: Spirit Lifters Recap



Dietitians Update: What's Cooking, Coogs?

- C-Store Cheesecake (Tuesday, March 4th)
- Last episode (#6): Sweet Chili Chicken Lettuce Wraps at Fresh Food Co. (Tuesday, April 8th at 7 pm)



What's Cooking, Coogs?

C-Store Cheesecake

Recipe makes 12 servings

Ingredients:

—FILLING—

- 1 lb. regular cream cheese, softened
- 1/2 cup honey
- 1/2 cup sugar
- 1 1/2 cups Greek yogurt, flavor of your choice

—CRUST—

- 1 1/2 cups cookies of choice, crumbled
- 5 Tbsp. butter, melted
- 3 Tbsp. sugar

—FRUIT TOPPING—

- 2 oz. dried fruit of choice
- 4 oz. Strawberry C Mester Odwalla or other flavor of choice

Instructions:

1. In a medium bowl, mix cookie crumbs, butter and sugar until well blended.
2. Press cookie mixture onto the bottom and up the sides of a well-greased round cake pan (8-9 inches)
3. Place crust into fridge to chill. In the meantime, beat cream cheese, yogurt and honey until the mixture is smooth and well incorporated.
4. Pour filling over chilled cookie crust and smooth the top with a spatula. Cover with plastic wrap and chill for an additional 3-4 hours.
5. Chop dried fruit into small pieces and add Odwalla juice. Microwave mixture for approximately 30 seconds, until it is boiling.
6. Allow fruit to soften in hot mixture. This process will take 15 minutes.
7. Spoon the fruit topping onto the cheesecake. Slice into individual portions and enjoy!

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351 calories • 20 g total fat • 11 g saturated fat • 41 g carbohydrate • 1 g fiber • 5 g protein

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Dietitian Update:

Safety/Sanitation Concerns

- Dietitian and managers are working with staff to ensure food safety
 - Pre-shift meetings, audits, one-on-one meetings & in-services
 - Adhere to recipes
 - Avoid cross contamination
 - Know recipes well
 - Have quick access to ingredients
 - Ask questions

Spring 2014 Town Hall Update

- Held 2/20/2014 and 2/21/2014
- Introduced proposed meal plans/pricing for AY2014/2015
- Introduced proposed housing prices for AY2014/2015
- Full presentation is available at:
http://www.uh.edu/af/docs/FSAC/townhall_2014.pdf
- News Release is located at:
<http://www.uh.edu/af/pressrelease/PR2014/townhallroundup.pdf>

HOURS OF OPERATION

2014 SPRING BREAK

March 10 - March 16

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Moody Towers



Fresh Food Company (FFCo)

Mon - Thur CLOSED
Fri 11am - 5pm
Sat 8am - 10pm
Sun 8am - 12am

Cougar Village



Cougar Xpress at Cougar Village

Mon - Fri 10am - 3pm
Sat 9am - 10pm
Sun 10am - 10pm

University Center



McDonald's

Mon 7am - 10pm
Tue 10am - 6pm
Wed - Thur 10am - 3pm
Fri CLOSED
Sat 8am - 6pm
Sun 1pm - 6pm

PGH



Einstein Bros. Bagels

Mon - Wed 7:30am - 2pm
Thur - Sun CLOSED

Stadium Garage



Taco Cabana

Mon - Fri 11am - 5pm
Sat - Sun CLOSED

Campus Rec (CRWC)



Smoothie King at CRWC

Mon - Fri 9am - 8pm
Sat 12pm - 5pm
Sun 1pm - 5pm

Calhoun Lofts



Subway at Calhoun Lofts

Mon - Fri 9:30am - 5pm
Sat - Sun CLOSED



Cougar Xpress at Calhoun Lofts

Mon - Fri 7am - 5pm
Sat - Sun CLOSED

Law Center



Subway at Law Center

Mon - Wed 9am - 3pm
Thur - Sun CLOSED

ERP



Cougar Xpress at ERP

Mon - Fri 8am - 4pm
Sat - Sun CLOSED

All locations
not listed will
be **CLOSED**
March 10 - 16

Spring Break 2014 Hours of Operation

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DINING SERVICES

Spring Break 2014 Hours of Operation

Fresh Food Company

- Mon-Thu CLOSED
- Fri 11am-5pm
- Sat 8am-10pm
- Sun 8am-12am

Cougar Xpress at Cougar Village

- Mon-Fri 10am-3pm
- Sat 9am-10pm
- Sun 10am-10pm

McDonald's

- Mon 7am-10pm
- Tue 10am-6pm
- Wed-Thu 10am-3pm
- Fri CLOSED
- Sat 8am-6pm
- Sun 1pm-6pm

Einstein Bros. Bagels

- Mon-Wed 7:30am-2pm
- Thur-Sun CLOSED

Taco Cabana

- Mon-Fri 11am-5pm
- Sat-Sun CLOSED

Smoothie King at CRWC

- Mon-Fri 9am-8pm
- Sat 12pm-5pm
- Sun 1pm-5pm

Subway at Calhoun Lofts

- Mon-Fri 9:30am-5pm
- Sat-Sun CLOSED

Cougar Xpress at Calhoun Lofts

- Mon-Fri 7am-5pm
- Sat-Sun CLOSED

Subway at Law Center

- Mon-Wed 9am-3pm
- Thu-Sun CLOSED

Cougar Xpress at ERP

- Mon-Fri 8am-4pm
- Sat-Sun CLOSED

**All locations not
listed will be CLOSED
March 10-16**

Summer 2014 Meal Plans

- Dates: June 2nd – August 15th
- FFCo will be open for Breakfast, Lunch and Dinner
- Meal Plans Offered
 - Lifestyle 160 – 160 meals, 400 Cougar Cash - \$1700 + tax
 - Block 120 – 120 meals, 200 Cougar Cash - \$850 + tax
 - Block 80 – 80 meals, 150 Cougar Cash - \$640 + tax
 - Block 40 – 40 meals, 200 Cougar Cash - \$390 + tax
 - Block 20 – 20 meals, 50 Cougar Cash - \$210 + tax
 - Select 300- 300 Cougar Cash - \$300
 - Select 500- 500 Cougar Cash - \$500
 - Select 800- 800 Cougar Cash - \$800
 - Select 1000- 1,000 Cougar Cash - \$1,000

Food Trucks Program Update

Late Night Options

- Negotiating pilot time frame for UHPD Coverage
 - Increasing proposed pilot from 1 week to 3 weeks
 - Starting later in this semester
 - Starting in August 2014 to begin the fall semester
- Hours of Operation:
 - Monday – Thursday/1:00AM – 3:00AM

New Pad #1

- Target Opening Date is Monday, March 17th

ERP Pilot

- 3 weeks, start March 3rd – end March 28th
- Rotating trucks 1 truck per week

NEW Pad 1 (Opening Soon!)
Located in the U-drive between PGH and the Stadium Garage



Meal Plan Restructuring Updates/Meeting Requests

- Administration is meeting week of March 17
 - Early stage review of some potential structures
- Subcommittee please reply to Nancy with availability for March 28th meeting
 - Topics:
 - Presentation of potential new meal plan structures
 - To-Go Container Program future

Fresh Food Company Training



 **Kiersta Hoover** The buffalo chicken mac and cheese and the milkshakes were SO GOOD. ✕
Like · Reply · February 26 at 6:24pm

 **Angela** @aho_glamour · Feb 26
@UHDining is on point today
Expand ↩ Reply ↻ Retweet ★ Favorited ⋮ More

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Frontier Fiesta

- March 20-22nd



Member Items

Next Meeting

April 4, 2014

12 p.m. – 2p.m.