

**Food Service Advisory Committee  
Auxiliary Services**

**Date:** Jan. 18, 2013

**Place:** Fresh Food Company at Moody Towers

**Time:** noon-2 p.m.

**Attendees:** Deborah Davis, Rosie Guajardo, Maria Honey, Richard Zagrzecki, Amber Arguijo, Geoff Herbert, Andy Moon, Jerrod King, Sharon Bode, Don Yackley, Laila Machado, Caroline Sullivan, Rebecca Szwarz, Jessica Grono, Tanzeem Chowdhury, Esmeralda Valdez, Nicci Westbrook, Terry Chung, Cheryl Grew-Guillen, Sarah Yockey

**Meeting Minutes**

**I. Open forum**

**II. Approvals**

- a. Nov. 30, 2012 meeting minutes
  - i. approved

**III. Dietitian updates**

- a. Free nutrition counseling is available to students, faculty and staff
- b. Ask a Dietitian feature has been added to the UH Dining web page
- c. Caroline Sullivan has started a nutrition blog: [uhnutrition.blogspot.com](http://uhnutrition.blogspot.com). It is another way to reach out to students.
- d. Healthy for Life Wellness Wall is coming to the entrance area of Cougar Woods Dining Hall. It will be a 9-foot display filled with nutrition facts, brochures and information.
- e. Nutrition programming for the spring will include tabling events in the dining halls once a month. They will involve games or other interactive activities to help students get interested.
- f. Another programming event that will be taking place in the spring is Healthy Bites with Chef Dave that will be aimed at educating students on healthy eating. Four or five of these will take place this semester, but specific dates are still to be determined.
- g. UH Dining is in the early stages of planning for an Earth Day event with the Office of Sustainability.
- h. Meatless Mondays will continue through the semester at the Fresh Food Company in Moody Towers. It is not completely meatless, because there are some students who still want to have meat.
- i. The Gluten Friendly Program has seen the number of students taking advantage of it slowly increase. It is for students who can't eat gluten. Along those same lines, UH Dining has measures in place to make food available to students who have food allergies. We can make sure they get what they need in a safe way.
- j. Dietitian Caroline Sullivan is on Twitter. Her Twitter handle is [sullivanrd](#)

**IV. Recap of Finals Mania**

- a. 1,403 students were served at the event

- b. 115 volunteers participated, which is the largest number since the twice-a-year event began
- c. The massage chairs were very popular

#### **V. Subway opens in Calhoun Lofts**

- a. The restaurant, which is inside the Cougar Xpress Mart, started serving customers for the first time on Thursday, Jan. 17
- b. The restaurant is open weekdays from 10:30 a.m. to 7 p.m.
- c. The opening celebration is set for Wednesday, Jan. 23
- d. It provides an evening meal option for that side of campus
- e. Cougar Cash is accepted
- f. It offers the full Subway menu

#### **VI. Dining variety update**

- a. More variety has been added to the spring menu on the weekends at the Fresh Food Company at Moody Towers.
- b. A variety check has been made to ensure there is a mix of proteins during meal periods.
- c. The late-night menu, which is from 10 p.m. to midnight, has added more food options like pizza and hamburgers.

#### **VII. Spring 2013 Town Halls**

- a. These are being held to present meal plan pricing (and housing rates). They are held every spring and are done in collaboration with Housing.
- b. The first will be held Wednesday, Jan. 23, from 6 to 7 p.m. at the Fresh Food Company in Moody Towers.
- c. The second will be held Thursday, Jan. 24, from noon to 1 p.m. in the multipurpose room at Oberholtzer Hall.

#### **VIII. Other member items**

- a. A committee member mentioned that a breakfast burrito food truck called Breakfast Burritos Anonymous is interested in being on campus on the weekends.
- b. Some students have requested that food trucks be available on campus in the late-night hours.

#### **IX. Adjourn**

#### **Next Meeting**

Scheduled for Friday, Feb. 1