

UNIVERSITY of HOUSTON

DEPARTMENT OF PUBLIC SAFETY

Emergency Management Bureau

uh.edu/emergency

72-Hour Emergency Campus/Travel Preparedness Kit Checklist



The 72-Hour Emergency Campus and Travel Preparedness Kit are essential supplies, tailored to meet the basic survival needs for a period of 72-hours during or after a disaster. Campus and home occupants can store emergency supplies, tools, and water in one location that is relatively safe in your room or home, or vehicle and yet easily accessible if an evacuation is required. Some items may be stored in advance in a suitcase, duffle bag or individual packs. The Campus Preparedness Kit must be easy to carry, easily accessible and located in an area for immediate use by the student/home owners. * *Special measures should be taken with documents and personal items that are being stored in unsecured areas.*

First Aid Supplies

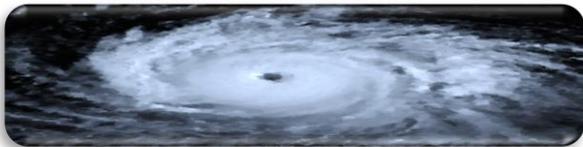
- ✓ Adhesive bandages, various sizes
- ✓ 5 " x 9 " sterile dressing
- ✓ Conforming roller gauze bandage
- ✓ Triangular bandages
- ✓ 3 " x 3 " sterile gauze pads
- ✓ Roll 3 " cohesive bandage
- ✓ Germicidal hand wipes, or alcohol-based hand sanitizer
- ✓ Medical grade, non-latex gloves
- ✓ Adhesive tape, 2 " width
- ✓ Antibacterial ointment
- ✓ Cold pack
- ✓ Scissors (small, personal), tweezers
- ✓ Assorted sizes of safety pins
- ✓ Cotton balls, sunscreen
- ✓ First aid manual

Non-Prescription and Prescription Med-Kit

- ✓ Aspirin and non-aspirin pain reliever
- ✓ Anti-diarrhea medication
- ✓ Antacid (for stomach upset)
- ✓ Prescriptions/medications
- ✓ Extra eyeglasses/contact lenses

Sanitation and Hygiene Supplies

- ✓ Washcloth and small towel
- ✓ Soap
- ✓ Toothpaste, toothbrush, shampoo
- ✓ Deodorants
- ✓ Lip balm, insect repellent
- ✓ Plastic garbage bags and ties for personal sanitation uses, feminine supplies and toilet paper



Equipment and Tools

- ✓ Portable, battery-powered radio or wind-up/NOAA Weather Radio
- ✓ Flashlight (wind-up) and/or extra batteries
- ✓ Waterproof matches or in waterproof container
- ✓ Manual can opener
- ✓ Paper cups, plates, and plastic utensils
- ✓ Multi-purpose tool, sugar, salt, and pepper
- ✓ Duct tape, whistle, work gloves
- ✓ Paper, pens, and pencils
- ✓ Needles and thread
- ✓ Battery-operated travel alarm clock
- ✓ Re-sealable plastic bags

Food and Water

- ✓ Water (4-6 pints)
- ✓ Ready-to-eat meats, fruits, and vegetables
- ✓ Canned or boxed juices and soup
- ✓ High-energy foods such as peanut butter, jelly, low-sodium crackers, granola bars, and trail mix
- ✓ Special foods for persons on special diets
- ✓ Cookies, hard candy, cereals and powdered milk

Clothes and Bedding Supplies

- ✓ Clothes and bedding supplies
- ✓ Complete change of clothes (3-day supply)
- ✓ Sturdy shoes or boots
- ✓ Rain gear, hat, sunglasses
- ✓ Blankets/sleeping bags and camp pillows

Documents and Keys

- ✓ Personal identification - copy of driver's license*
- ✓ Cash and coins (\$10.00), credit cards*
- ✓ Extra set of apt and car keys
- ✓ Insurance papers, immunization records*
- ✓ Emergency contact list and phone numbers
- ✓ Maps of the area & emergency phone numbers