

Food Service Advisory Committee

October 3, 2014

Open Forum

Introductions

Roles & Responsibilities

- **Committee**
 - 13 Voting members
 - SGA & UCPB appoint alternates
- **Advise EVP for A & F and AVP for Administration**
 - Retail Food/Beverage Program
 - Residential Food/Beverage Program
 - Vending Program
- **Engage With Campus Constituencies**
 - Provide feedback on current programs
 - Build consensus for new programs
 - Facilitate campus dialogue on all foodservice issues

Committee By-Laws

- By-Laws (last update Summer 2013 no changes in 2014)
 - Posted at <http://www.uh.edu/af/docs/FSAC/bylaws.pdf>
- Online agenda request process
 - Posted at http://www.uh.edu/af/committees/foodservice_agenda.htm

Chair & Vice-Chair Elections

- The Chair will be responsible for working with the committee and partners in developing meeting agendas, leading meetings, and making sure there is adequate participation from members.
- In absence of the Chair, the Vice-Chair shall preside with the full authority of the Chair.

VOTED!

At-Large Appointments

- Thank You for Voting!
- From the 4 applicants, the following 3 were appointed:
 - Ashley Hegger
 - Diana Marchione
 - Nancy Sheoni



Late Night Food Trucks

Program has officially been extended!

– First shift begins 10/6 from 11pm – 3am

Coreanos, Golden Grill and Happy Endings will rotate shifts.



Dietitian Update: Halal Luncheon w/ MSA

- Tuesday, September 23rd
- Approximately 500 dishes/portions served off the MWG/Halal Station
 - Usually 200-300 are served



Dietitian Update:

“What’s Cooking, Coogs?”

- Tuesday, September 23rd @ Cougar Woods
- 31 students attended
- Breakfast Essentials w/ Chef Carlos
 - 2 Frittatas
 - Mug-Lette
 - Blueberry Oatmeal Cakes



EAT WELL, LIVE WELL:

"What's Cooking Coogs?" COOKING TOUR



Sept. 23, 2014

Breakfast Essentials @ Cougar Woods



Oct. 21, 2014

Going Lean & Green @ Calhoun Lofts Lobby



Oct. 28, 2014

Halloween Desserts Done Right @ Cougar Village II Lobby



Nov. 11, 2014

The Skinny on Superfoods @ Fresh Food Co.



Nov. 18, 2014

Café Spice at C-Stores @ Moody Towers Lobby



Dec. 2, 2014

Healthy for the Holidays @ Fresh Food Co.

First 30 people will receive a cooking essential.
Collect all 6 and you'll have a cooking set!
All events are scheduled to begin at 7 pm.

For questions or comments, please contact the
campus dietitian, Sarah Feye, MS, RDN, LD at:
832-842-5996 or feye-sarah@aramark.com

Dietitian Update: Wellness Wednesday Workshops

Be YOU, Be UHhealthy

Nutrition Workshops

CRWC Suite 1038

11 am- 12 pm

The Flexitarian Diet- 10/1

Rethink Your Drink- 10/29

Healthy Holidays- 12/3

Free food and prizes!

Questions?: Feye-Sarah@aramark.com

UNIVERSITY of **HOUSTON**
DINING SERVICES

Dietitian Update: Special Meatless Monday

- Silk Soy Milk giveaway on Monday, September 29th
 - 500 vanilla and chocolate soy milks provided
- New soy milk additions:
 - Cougar Woods
 - Single-serving Silk Milk @ CV | C-Store



Dietitian Update: Celebrate **UH** Food Day!

- Chef Mikel Lawrence, the “Skydiving Chef”, is visiting!
 - Vegan Mushroom Street Tacos @ Exhibition Station
 - Lunch, Wednesday, October 22nd at Cougar Woods



Dining Styles Surveys

Surveys run October 13 – November 3

UHDS will solicit surveys in dining halls and via campus-wide emails.

Targeting 1,800 responses for a 95% confidence interval with +/- 2% margin of error.

Member Items

Next Meeting

November 7, 2014

12 p.m. – 2p.m.