OWNING OUR OWN STUFF Self-awareness Enriches Relationships

"With the rise of continuous consciousness, and not before...psychological relationship becomes possible." C. A. Jung

"We carry within all the wonders we seek without. For Africa and all her prodigies lie within the human soul." Sir Thomas Browne

When we develop ourselves sufficiently through the magnus opus of life known as individuation, we...

I) Do not need to feed off others.

2) Become less dependent, asking less of others and more of ourselves.

3) Let others off the hook for not delivering what they could never deliver.

4) Let others assume responsibility for their own journey.

5) Provide our uniqueness to enrich our relationships.

6) Keep others from inappropriately feeding of us, forcing others to deal with their own stuff.

7) Honor the work of God within ourselves and others in the context of the larger Mystery.

Therefore, we can love and relate without controlling and using people.

James Hollis

"Where love reigns, there is no will to power; where the will to power is paramount, love is lacking. The one is but the shadow of the other..."

Jung, CW 10:261