UCS Internship Services
Aspirations, Goals and Preferences (ASP)

Aspirations
1. What do I see myself doing after graduation for the next few years?

2. What do I enjoy doing? What issues am I most passionate about?

3. What do I most desire to learn and/or experience?

4. What rewards do I seek? What cause do I advocate?

Goals
5. What competencies/skills/knowledge are most desired in my given profession?

6. What are my goals for this internship?

7. What competencies/skills/knowledge do I want to learn? Upon which skills do I want to improve?

8. What am I looking to gain from this experience?

Preferences
9. In what type of organization/environment/culture do I want to work (for-profit, non-profit, government, small organization, large organization, etc)?

10. What location do I want to have my internship (local or national/international)? Do I have appropriate transportation? Housing? Insurance?

- Academic Credit (see your Academic Advisor)
- No Credit necessary
- Paid opportunities only
- Open to paid/unpaid
- Full-Time
- Part-Time
- Summer
- Spring/Fall
- Established/formal internship
- Informal/create own internship
- Mentor-Led
- Self-Directed