AbilTo Inc. is experiencing tremendous growth and increasing our provider network of Clinical Social Workers (LCSWs) and Behavior Coaches (BA/MA in Psychology*) to help patients referred to us from our partners Aetna and BCBS who are suffering from a medical or life transition.

We require that our Therapists be LCSW and have significant experience conducting psychotherapy with adults using CBT.

We require that our Behavior Coaches have a degree in psychology (MA preferred) and 3-5 years experience coaching or counseling adults within a mental health capacity.

Behavioral Coach candidates must be knowledgeable of or have some understanding of cognitive behavioral approaches, short-term therapy approaches, anxiety, and depression.

Our Therapists and Behavioral Coaches will deliver care remotely via secure video chat or telephoned - training is provided!

AbilTo, Inc. (pronounced “able to”) combines best-in-class patient engagement with behavior change treatment programs that allow health plans and plan sponsors to improve health outcomes, while lowering overall spending, for high-cost medical populations. Benefitting groups include heart patients and diabetics, as well as those suffering from depression/anxiety and chronic pain. All sixteen of our programs utilize best-practice protocols and are delivered nationally by teams of licensed therapists and behavior coaches. Program participants experience improved health, better recovery and in the case of heart patients, fewer hospitalizations.

If you are interested and meet the requirements for either the Therapist or Behavioral Coach position - please send your resume immediately to Jill.Nadler@abilto.com or Donna.Panero@abilto.com.

Thank you!

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