Post Completion Optional Practical Training (OPT)

Preparation Checklist

- Complete the attached forms on pages 2 & 3, including the required signature from your department (engineering students require additional signature). You must complete this step prior to attending an OPT group appointment.
- Obtain 2 color “passport type” photographs (directions on separate page).
  - The Creation Station in the University Center Underground will do the photos correctly for $10.
- Schedule an appointment with International Student & Scholar Services (ISSS). OPT application appointments are in a group setting. (This will show as a green color on the appointment calendar for each advisor)

Appointment Checklist

Bring the following:

- Current I-20, passport(s) that is valid for six months into the future and most recent visa page, and I-94 printout.
- Have the attached “Academic Verification” form signed.
  - Question 16 should be coded (c) (3) (B).
- Complete form G-1145. This form can be downloaded at [https://www.uscis.gov/sites/default/files/files/form/g-1145.pdf](https://www.uscis.gov/sites/default/files/files/form/g-1145.pdf)

ISSS does the following:

- Requests a new I-20 from SEVIS with a recommendation for OPT.
- Reviews application for accuracy and answers any questions during the OPT session.
- Supplies an envelope with a mailing label for you to mail your completed application to USCIS.
- A plastic bag for your passport photos

Mailing Checklist

Note: You are responsible for mailing your application to USCIS in a timely manner. Your application must arrive at the Service Center WITHIN 30 DAYS of your OPT appointment or before the end of your grace period, whichever occurs sooner.

- Pick up your new I-20 and other submitted documents from ISSS.
- Mail the following documents in the envelope provided:
  1) G-1145 Delivery Confirmation form
  2) I-765 application form
    - Check or money order for $410 payable to U.S. Department of Homeland Security
    - Passport photos in plastic envelope, stapled to I-765 with the check.
  3) Printout of electronic I-94 (or front and back of old I-94 card).
  4) Photocopy of new I-20 with OPT recommendation on p. 2. **You keep the original.**
  5) Photocopy of passport photo page including expiration date and most recent visa page.
  6) CPT screenshot(if you did CPT during degree program)
  7) Change of status approval notice(if you changed status in U.S.)

- Send to USCIS using Priority Mail with Delivery Confirmation (enables you to confirm delivery at USPS website: [www.usps.gov](http://www.usps.gov)). Once your application is posted as “delivered”, print this page for your own records.

Approval Checklist

- By submitting the G-1145 form, you should receive a text message or email notification that your package arrived at the USCIS Lockbox facility. This is separate from your formal receipt notice.
- You should receive an official receipt (called a Notice of Action) in about 2-3 weeks. The receipt number (SRC or YSC #) on this form can be used to track the progress of your case at [https://egov.uscis.gov/cris济sp/index.jsp](https://egov.uscis.gov/cris/jsp/index.jsp).
- Processing times are normally between 60-90 days. If your wait time is more than 90 days from the official receipt date, contact ISSS for assistance.

After Receiving Your Card

- Submit a copy of your EAD Card to ISSS.
- **You are required by law to report to ISSS any biographical or employment changes within 10 days.**
  - Continue to update your SEVIS address in PeopleSoft and submit changes in employment via OPT Self Report online.
- Once your OPT ends you have a 60 day grace period to file for a change of status, a new I-20, or depart the U.S.
Academic Verification Form

Student: Print your name below and take this form to your department for the required signature(s). Note: The Engineering College requires the signature of the Dean and additional procedures that the student must follow to apply for this program.

Student’s Name: ___________________________ PS ID: ___________________________ Date: _______________

Academic Verification
– College or Departmental Signature Required –

This section needs to be signed by the Dean, Dissertation/Thesis Advisor, or the student’s Academic Advisor. The student is applying for Optional Practical Training (OPT), which is available through the Department of Homeland Security (DHS). It allows an F-1 international student to work for up to one year in their field of study. In order to recommend the student for this post-completion practical training, we need to know the expected completion date. A student is allowed to apply 90 days before the completion of studies. It is helpful for the student to apply as early as allowed under law, since it may take up to three months to process the Employment Authorization Document (EAD) Card from DHS. If the student does not completed the degree when expected, the EAD card may be cancelled as long as it has not been approved by USCIS. If the card is cancelled the student may reapply for OPT with the cancellation letter from USCIS. If you have any questions, please call #35065 and ask to speak to an International Student Counselor. NOTE: Engineering majors have additional steps to follow. Please check with your department before attending a group OPT appointment.

1. This student has applied for graduation at the following degree level (please circle one):

- Bachelor
- Masters
- Doctorate

2. This student is expected to complete/has completed all degree requirements on ___ / ___ / ______. (This is usually the official closing of the semester or when the thesis/dissertation is/ will be submitted. For Graduates: If enrolled in the 1 credit hour course for administrative purposes with an early submission deadline before the start of the next semester, a student will be in their 60 day grace period following this deadline, even if they do not apply for OPT, see below.)

Attention Advisors: A student cannot prolong their stay in the U.S. by taking additional courses they do not need (because they failed to apply for graduation) or they are administratively enrolled. If the student has completed all degree requirements, they are required to take action to maintain status. The federal regulations in 8 CFR 214.2(f)(6)(ii)(C) state:

“If the student is not required to take any additional courses to satisfy the requirements for completion, but continues to be enrolled for administrative purposes, the student is considered to have completed the course of study and must take action to maintain status.”

Academic or Thesis Dissertation Advisor: ____________________________

Signature: __________________________ Date: _______________

Associate Dean of College __________________________ Signature __________________________ Date _______________
(Engineering Only)

Please return the form to the student.
My requested OPT start date is (mm/dd/yyyy): ______________

Post-completion OPT may begin on any day between the date of completing your degree and up to 60 days later.

F-1 Student Responsibility

-As an F-1 student, you have the following responsibilities. Please read them carefully before signing below.-

- If I withdraw my OPT application, I must notify ISSS in writing. I am responsible for checking my OPT application status on USCIS website: [http://www.uscis.gov/](http://www.uscis.gov/), and to verify the information on my OPT (EAD) card.
- I will not work until you receive the Employment Authorization Card (EAD).
- Under no circumstances will I work before or after the start and ending dates on the EAD.
- I understand that my packet for OPT must be properly filed with USCIS within 30 days from the signature on the OPT recommendation I-20 or before the last day of the grace period, whichever comes sooner.
- I will only work in the field related to my major.
- I will not attend school part-time or full-time in a degree seeking program while on OPT.
- If I do not finish the degree in the expected final semester, I will check to see if I need a new I-20 to extend my program end date. This must be done before the I-20 expires! Failure to do so may require reinstatement.
- I will obtain a new I-20 for any new degree program. If I plan to begin a new degree program at UH, I will need a new I-20. If I plan to transfer to another school, I will need to request my SEVIS record to be released from UH.
- If I want to travel outside the U.S. and reenter, I must have a valid I-20 travel endorsement no older than 6 months, a valid visa, valid passport, EAD card, and a letter from my employer verifying the employment.
- At the end of my OPT, I understand that I will have a 60 day grace period to file for a change in your status, receive a new I-20, or depart the U.S.
- I will inform ISSS of any change or adjustment of status or plans to depart the U.S. permanently.

OPTSelf Report

According to the federal regulations [8 CFR 214.(f)], F-1 students are responsible for reporting any changes in personal address, employer’s name and address, and any periods of employment and unemployment while on OPT. These changes have to be reported within 10 days. ISSS is then responsible for updating the student’s SEVIS record to reflect these changes.

Visit [http://uh.edu/oisss/opt-details/](http://uh.edu/oisss/opt-details/) and click on OPT SELF REPORT to notify ISSS of changes to your information. As part of the OPT Self Report, you will need to send ISSS a clear copy of your EAD Card (front + back) and any I-797 notices you may have received.

Acknowledgement of Responsibility

I, ____________________________, am responsible for reporting the above information to International Student and Scholar Services while on optional practical training (OPT) and will immediately inform ISSS of any changes to this information.

“By signing, I understand and will follow the above rules.”

Student Signature: _____________________________ Student ID: ________ Date: __________
FREQUENTLY ASKED QUESTIONS: OPT

What is OPT?
OPT stands for Optional Practical Training. It is a government authorized program that allows F-1 students to participate in up to one year of practical training in a field related to their major. You do not have to have a job offer in order to obtain OPT. The time is used even if you are not working. It is a one year “window of opportunity.” Technically, it may be done in two ways: Post-completion or Pre-completion. Pre-completion has three subsets and requires special permission. Most students choose post-completion OPT.

Who is eligible for OPT?
You must have completed one academic year (fall and spring semesters) as a legal full-time student and be in F-1 status at the time of your application. Students entering the United States under a new SEVIS ID# must wait to complete one full academic year as a full-time student before they are eligible to apply for OPT.

Do I get another year of OPT if I complete a new degree?
You are allowed another year of OPT at the completion of another degree at a higher level (e.g. bachelor’s to master’s or master’s to Ph.D.). Students who have received a bachelor’s, masters or doctoral degree in a field on the Department of Homeland Security STEM (Science, Technology, Engineering, and Mathematics) Designated Degree Program List may be eligible for a 24 month extension to their OPT. There are additional requirements and qualifications for this extension. More information can be found on our website on how to apply.

When should I apply?
You may apply for OPT 90 days before the completion of your studies BUT PRIOR TO 60 DAYS AFTER THE COMPLETION OF YOUR STUDIES. Since the application process may take up to 90 days and employment cannot begin until you have received your EAD card, applying early is recommended. Your application must be properly filed with USCIS and be officially receipted before the 60th day after the completion date of your degree program.

When will my OPT begin?
Your employment authorization does not necessarily begin when your EAD card arrives. You will select the start date at the time of your appointment. For post-completion OPT, you may choose any date between your date of completion (usually the official closing of the semester) and up to 60 days later. For pre-completion OPT you choose the date that you want to start.

May I get a temporary employment card if my application is delayed in processing?
There may be options if your EAD card has been pending longer than 75 days with USCIS. Contact ISSS counselor for more information if this will pertain to you.

How is OPT different from Curricular Practical Training (CPT)?
With OPT, the student receives an Employment Authorization Card from the Department of Homeland Security. With CPT, the authorization is granted by a Designated School Official (i.e. International Student Counselor at ISSS) and is indicated on page 2 of the student’s I-20. Participation in CPT does not affect your future OPT as long as you work less than one year full-time under the CPT program. If one year or more of CPT is used, the student is no longer eligible for OPT that degree level.

What do I do if I am not going to complete my degree as expected?
You should report immediately to our office. You may need to do a program extension, possibly apply for reinstatement for violation of status (if you were authorized for a reduced course load for your final semester), and/or cancel your OPT.
Composition Checklist

7 Steps to Successful Photos

- Frame subject with full face, front view, eyes open
- Make sure photo presents full head from top of hair to bottom of chin; height of head should measure 1 inch to 1-3/8 inches (25 mm to 35 mm)
- Center head within frame (see Figure 2 below)
- Make sure eye height is between 1-1/8 inches to 1-3/8 inches (28 mm and 35 mm) from bottom of photo
- Photograph subject against a plain white or off-white background
- Position subject and lighting so that there are no distracting shadows on the face or background
- Encourage subject to have a natural expression

Well-Composed Photos