The masculine principle is mostly associated with internal reality, intuition, and the ability to tolerate paradox, complexity, and ambiguity. It is a focus on internal reality, understanding, and engagement. It is associated with the following attributes:

- A preference for intuition, rather than for logic and reason
- A pursuit of truth, rather than for agreed upon answers and solutions
- Freedom to make conscious, conscious choices, and decisions
- The ability to discover a different awareness and a deep, intuitive connection to our inner selves.

In contrast, the feminine principle is focused on external reality, action, activity, and the ability to "do." Examples of positive qualities associated with the feminine principle include:

- A focus on external reality, action, activity, and the ability to "do."
- A preference for action, rather than for reflection
- A focus on process, rather than on product
- A focus on external reality, rather than on internal reality
- A preference for doing concrete, hands-on work, despite challenges.

In essence, the feminine principle is focused on relationships, influence, and the ability to share our ideas, emotions, and perspectives with others. The masculine principle, on the other hand, is focused on internal reality, intuition, and the ability to tolerate paradox, complexity, and ambiguity.