

**HANDOUT...**

**Emotional and Psychological Abuse Continuum**

- Joking about habits / making insults
- Ignoring partner's feelings
- Withholding approval as punishment
- Yelling
- Name-calling
- Calling partner a "sell-out"
- Repeated insults / labeling
- Threatening to "out" partner
- Humiliation in private
- Ridiculing partner's gender identity
- Humiliation in public
- Blaming partner for all faults
- Threats of violence / retaliation
- Putting down partner's abilities to act on own behalf
- Hiding/destroying partner's adaptive equipment
- Demanding all of partner's attention / restricting contact with others
- Unpredictable consequences of actions
- Attacking sense of reality
- Murder