TEXTBOOK STUDY METHOD INVENTORY

HOW MANY DO YOU DO?

☐ Use any recommended organized method for studying textbook assignments, such as SQ4R.
☐ Read textbooks at a different speed that you read fiction and light magazine articles
☐ At the beginning of the course, preview your textbooks by skimming the table of contents and analyzing the format of the book.
☐ Know whether your textbooks are up to date or obsolete.
☐ Know how to identify and use the special typographic helps, such as italics, headings and subheadings in your textbooks.
☐ Read the preface, foreword and introduction to your textbooks.
☐ Use the summaries in your textbooks.
☐ Know what a glossary is and how to use it.
☐ Use the index to look up ideas, dates and names you should know.
☐ At the beginning of the course, preview the index to review the textbook's contents.
☐ Before you begin studying, preview each chapter assignment by reading the first and last paragraphs and by changing headings into questions.
☐ Use the pictures, graphs, and maps to clarify the text assignment.
☐ When you have trouble understanding or learning an assignment, try to find a less difficult or differently written book on the subject.
☐ When the textbook material seems easy or is a repetition of what you already know, try to locate a more advanced book on the subject.
☐ Know specifically why you are reading an assignment.
☐ After an initial reading, mark your book with significant marginal summaries, brackets, boxes or sequence numbers.
☐ Make notes on your textbook reading.
☐ As you study an assignment, frequently recite the material to yourself.
☐ Study both your textbook and lecture notes when preparing for exams.

Rate Yourself
15-19 Excellent
12-15 Very Good
9-11 Average
6-8 Below Average
- 5 Poor

Adapted from Study-Reading College Textbooks by Frank L. Christ (SRA)
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