

UC 12606 13F

CBM003 ADD/CHANGE FORM

APPROVED FEB 19 2014
M.M.

Undergraduate Council
 New Course Course Change
 Core Category: _____ Effective Fall 2014

or
 Graduate/Professional Studies Council
 New Course Course Change
 Effective Fall 2012

1. Department: Health and Human Performance College: CLASS RECEIVED OCT 15 2013
 2. Faculty Contact Person: Jessica Wheeler Telephone: 3-9852 Email: jwheeler5@uh.edu M.M.

3. Course Information on New/Revised course:
 • Instructional Area / Course Number / Long Course Title:
KIN / 2108 / Weight Training and Aerobic Fitness
 • Instructional Area / Course Number / Short Course Title (30 characters max.)
KIN / 2108 / WEIGHT TRAINING & AEROBIC FIT
 • SCH: 1.00 Level: SO CIP Code: 36.0108.00 13 Lect Hrs: 1 Lab Hrs: 0

4. Justification for adding/changing course: To more accurately reflect course content/level

5. Was the proposed/revised course previously offered as a special topics course? Yes No
 If Yes, please complete:
 • Instructional Area / Course Number / Long Course Title:
 _____ / _____ / _____
 • Course ID: _____ Effective Date (currently active row): _____

6. Authorized Degree Program(s): BA
 • Does this course affect major/minor requirements in the College/Department? Yes No
 • Does this course affect major/minor requirements in other Colleges/Departments? Yes No
 • Can the course be repeated for credit? Yes No (if yes, include in course description)

7. Grade Option: Letter (A, B, C ...) Instruction Type: lecture ONLY (Note: Lect/Lab info. must match item 3, above.)

8. If this form involves a change to an existing course, please obtain the following information from the course inventory: Instructional Area / Course Number / Long Course Title
KIN / 2108 / Wgt Trng & Aerobic Fit
 • Course ID: 28989 Effective Date (currently active row): 1182011

9. Proposed Catalog Description: (If there are no prerequisites, type in "none".)
 Cr: 1. (1-0). Prerequisites: none Description (30 words max.): Theoretical aspects of techniques and practices for weight training and aerobic fitness.

10. Dean's Signature: _____ Date: 10/14/13
 Print/Type Name: Sarah Fishman