

# UCS Internship Services

## Aspirations, Goals and Preferences (ASP)

### Aspirations

1. What do I see myself doing after graduation for the next few years?

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2. What do I enjoy doing? What issues am I most passionate about?

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3. What do I most desire to learn and/or experience?

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4. What rewards do I seek? What cause do I advocate?

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### Goals

5. What competencies/skills/knowledge are most desired in my given profession?

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6. What are my goals for this internship?

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7. What competencies/skills/knowledge do I want to learn? Upon which skills do I want to improve?

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8. What am I looking to gain from this experience?

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### Preferences

9. In what type of organization/environment/culture do I want to work (for-profit, non-profit, government, small organization, large organization, etc)?

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10. What location do I want to have my internship (local or national/international)? Do I have appropriate transportation? Housing? Insurance?

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<input type="checkbox"/> Academic Credit (see your Academic Advisor) <input type="checkbox"/> No Credit necessary	<input type="checkbox"/> Paid opportunities only <input type="checkbox"/> Open to paid/unpaid	<input type="checkbox"/> Full-Time <input type="checkbox"/> Part-Time
<input type="checkbox"/> Summer <input type="checkbox"/> Spring/Fall	<input type="checkbox"/> Established/formal internship <input type="checkbox"/> Informal/create own internship	<input type="checkbox"/> Mentor-Led <input type="checkbox"/> Self-Directed