

## Request a Program

Request a Program gives LGBT students opportunities to educate the campus about the LGBT community by presenting workshops, facilitating discussions, or sharing their personal stories. These programs are available for student organizations, residential life, UH departments, and classroom instructors.

**Transgender 101** – Learn the basics about transgender individuals and terminology.

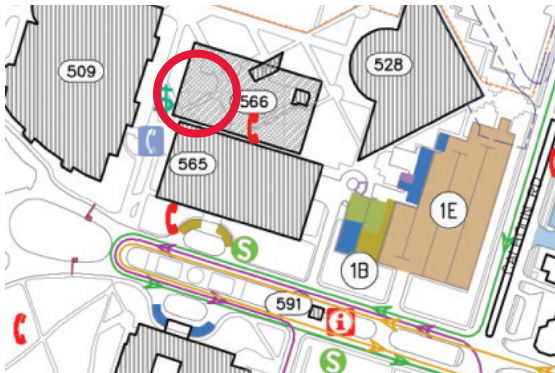
**LGBT Jeopardy** – A fun way to learn facts and trivia about lesbian, gay, bisexual, and transgender issues.

**"Guess Who's Gay" Panel** – A fun exercise that exposes and challenges stereotypes of gay, lesbian, and bisexual people.

**LGBT Speakers Bureau** – The LGBT Speakers Bureau facilitates dialogues within campus groups to answer questions and create a better understanding of issues in the LGBT community. To join the Speakers Bureau, click on "Program" on our website.

## Scholarships

The LGBT Resource Center offers scholarships to UH students. See our website for more details.



The University of Houston is an Equal Opportunity/Affirmative Action institution. Minorities, women, veterans, and persons with disabilities are encouraged to apply.

**University of Houston**  
**LGBT Resource Center**  
4100 University Dr. Rm N201  
Location: University Center North, N201  
Houston, TX 77204-4014  
phone 713.743.5463  
Lorraine Schroeder, Director  
e-mail [lschroeder@uh.edu](mailto:lschroeder@uh.edu)

UNIVERSITY of  
**HOUSTON**

LGBT RESOURCE CENTER

**University Center North**  
Room N201

713-743-5463  
[www.facebook.com/uh.lgbt.rc](https://www.facebook.com/uh.lgbt.rc)  
[www.uh.edu/lgbt](http://www.uh.edu/lgbt)

## Mission

The mission of the UH LGBT Resource Center is to launch the next generation of healthy, proud, academically successful lesbian, gay, bisexual, transgender, and queer (LGBTQ) citizens, leaders, and advocates. By providing support and a safe space for LGBTQ people on campus to access resources, ask questions, and make connections, we strive for them to develop a positive self-image and a sense of optimism about their future as a member of the LGBTQ community. Through visibility and education, we seek to create an environment of LGBTQ acceptance and inclusion for the entire campus community.

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## Programs

**Cougar Ally Training (CAT)** – CAT assists faculty, staff, and students in increasing their awareness of issues that LGBTQ people face. In a non-threatening setting, CAT teaches participants to create an accepting campus environment for UH's LGBTQ population. Allies are given a placard to display as a visible statement of support for the LGBTQ community.



**Cougar Ally Training (CAT) II** – In an open discussion format, CAT II allows Allies to explore ways of responding to discrimination, overcoming barriers they face when advocating for the LGBTQ community, and becoming effective agents for change.

**LGBTQ Peer Mentoring** – By pairing LGBTQ students with LGBTQ peers, the LGBTQ Peer Mentoring Program helps LGBTQ students gain support and validation, make a strong connection to the University of Houston, and assists them in linking with resources that contribute to their success in college and beyond.

**Lending Library** – The ever-growing Lending Library contains books and DVDs that may be borrowed by UH students, staff, and faculty. View our collection online or stop by and browse any time.

**Brown Bag Social Lunch** – Once per week, students are invited to bring their lunch to the Center where they can engage in structured discussions, share their ideas about programs for the Center, or just hang out with friends.

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## Annual Events

**Ice Cream Social** – is held each September and February to welcome LGBTQ students back to campus, to reconnect with old friends and make new ones.

**National Coming Out Day** – Every October 11th, thousands of gay, lesbian, bisexual, and transgender people and their allies celebrate National Coming Out Day. The UH LGBT community and allies have events aimed at showing the public that LGBTQ people are everywhere.

**World AIDS Day** – (December 1st) raises awareness of the AIDS pandemic caused by the spread of HIV infection. AIDS Awareness Week educates the campus community about AIDS and its impact on the local and global communities. ([www.worldaidsday.org](http://www.worldaidsday.org))

**Day of Silence** – Every April, the Day of Silence brings attention to anti-LGBTQ bullying, harassment, and discrimination that occurs in schools. Students observe the day in silence to echo the silence that LGBT and ally students face every day. ([www.dayofsilence.org](http://www.dayofsilence.org))

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## Newsletter

The LGBT Resource Center has an electronic monthly newsletter. To be added to the email list, go to our website to subscribe.

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## Rainbow Friends

The LGBT Resource Center enjoys a modest budget, so the Center relies on donations from the community to offer more comprehensive programs. To make a donation, choose "Other," and type in "Rainbow Friends" at <https://giving.uh.edu/gift/>.

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## Internships

Students minoring in GLBT Studies will have the opportunity to intern at the Center. They will gain experience in program planning, presenting workshops, facilitating discussions, and staying abreast of LGBTQ issues.