Principal Intern Program

See your future.
And make it real.

There's nothing like a real-life experience to help you decide where you want to take your career. And our intern program lets you do just that.
You'll work alongside experienced professionals to help people and businesses around the world build and protect their financial well-being.

Careers to explore:
Account Management
Accounting
Actuarial
Administrative/Clerical
Communications
Customer Service
Compliance/Legal
Data Science and Analytics
Design Thinking
Engineering
Finance
Human Resources
Investments
IT/Software/Data/Security
Marketing
Project Management
Real Estate
Sales/Sales Support

It's more than a job
The Principal Intern Program includes focused activities and opportunities designed to help you achieve your personal and career goals. You can grow your skills, build new relationships, and live your best life.

💬 Hear from senior leaders about making the most of your internship and career.

🔗 Enjoy social, recreational, and volunteer opportunities to build your network.

📚 Learn more about personal finance, global business and cultures, and other parts of our company.

🏆 Collaborate with a team to solve real-world business challenges.

💡 Share your unique perspective and spark innovation.
You’ll love Des Moines as much as we do

Most of our internships are in Des Moines in our newly renovated campus. We offer open-concept work spaces, a state-of-the-art gym, several coffee shops and lunch spots, and even an art gallery, so you can do your best work where you feel most comfortable. Trust us, it's really cool. And we’re proud that our headquarters is in a city often recognized as a top place to live and work.

› #1 Most Popular City for Millennial Homebuyers, LendingTree (2018).
› One of five Up-And-Coming Tech Hotspots, Livability (2018).
› Named one of the Best Employers for New Graduates by Forbes (2018).
› #1 Best Place for Millennials to Live in the Midwest, Growella (2017).

Do you qualify?

Check out our internships at www.principal.com/careers.
A welcoming, collaborative and community-spirited environment doesn’t have to be a “nice to have.” Here, it’s what you can look forward to every day. You’ll find our actuarial internship program offers you diverse experiences, rewarding challenges and meaningful work that pushes you to reach for bigger goals.

**Why start your career here?**

- Actuarial Internship Program with a history of offering full-time employment
- Ample opportunities to learn and apply technical skills in a business setting and present results to actuarial leadership
- Meaningful and challenging work
- Small group meetings with Senior Actuarial Leadership
- Social and networking events throughout the company
- Competitive pay

**Wait – there’s more…**

- Flexible work schedules
- Furnished housing, free parking and public transportation
- Paid time off on exam days
- Fitness centers
- Cafeteria
- Volunteer opportunities
- #1 best place for millennials to live in the Midwest, *Growella*, 2017
Principal’s actuarial intern program has been an invaluable step for my personal development and professional career. I was given the opportunity to enhance my technical skills, create truly valuable work, and meet with top executives across the company. Des Moines exposed me to a local and professional community second to none, embracing an open-door policy which differentiated its culture from larger cities out East.”
— Jarryd, actuarial intern

Internship requirements
- Ability to pass actuarial exams and a commitment to pursue an FSA with the Society of Actuaries
- Knowledge of actuarial mathematics, including probability, statistics, numerical analysis and compound interest
- Effective communication skills and an eagerness to develop leadership talents

A few quick facts about us
- Our lines of business include: asset management, group retirement, annuities and life, disability and group Insurance
- International operations serving 22 million customers worldwide
- Total assets under management of $629.4 billion
- Operating earnings (after tax) of $754.1 million
- Moody’s Financial Strength Rating of A1
- More than 14,000 employees in 19 countries (10,000 in U.S.)
- 140 credentialed actuaries and actuarial students, with a total actuarial community of more than 200 members

Some awards we’ve won
- One of 100 companies named one of the World’s Most Ethical Companies by the Ethisphere Institute. (March 2017)
- Recognized by Forbes as one of America’s Best Employers. (May 2017)

How to reach us
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www.principal.com/careers

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