A Taste of Italy

Experience the winding vineyards and earthy farms that are at the heart of the Old Country. Taste the unique flavor of Italy through the lens of tradition—all while having enough time to stop and smell the basil. Devour culinary lessons that you can only learn from behind the stove, and discover the meaning of the Slow Food movement that continues to influence the global community.

LED BY KEVIN HAUBRICK
UNIVERSITY OF HOUSTON
CONTACT: khaubrick@uh.edu with questions!

Don’t miss this once-in-a-lifetime opportunity!

$200 discount available through September 14th!

To lock in the best possible price, register by September 14th!

To register today, visit www.efcst.com/2063451TV

CITIES VISITED: CUNEO REGION, BRA, TURIN, FLORENCE REGION, PARMA, SAN MINIATO, BOLOGNA, MILAN REGION

PROGRAM NUMBER: 2063451TV
LENGTH: 10 DAY PROGRAM

ENROLL ONLINE: EFCST.COM/2063451TV

OPTIONAL COURSE CREDIT:
NUTR 4396 Special Topics: “Ciao: Culinary exploration in Italy”
This course be a substitute for NUTR 4353 Cultural Competency for the Healthcare Professional if that course has not been completed.
Day 1: Fly overnight to Italy

Day 2: Milan • Cuneo region
- Meet your Tour Director at the airport
- Travel to Cuneo region
- Enjoy a welcome drink in Cuneo Region
- Enjoy dinner in Cuneo Region

Day 3: Cuneo Region • Bra • Turin
- Take an excursion to Bra and Turin
- Visit the Banca del Vino
- Tour Turin with an expert local guide
- Enjoy a chocolate tasting
- Enjoy dinner in Cuneo Region

Day 4: Cuneo Region
- Visit Piedmont Farm
- Attend a cheese making demonstration
- See traditional pig farming
- Enjoy lunch at Piedmont Farm
- Enjoy an optional Piedmont wine tasting

Day 5: Cuneo Region • Parma • Florence
- Travel via Parma to Florence
- Spend a half day exploring Parma on your own
- Visit a local ham factory
- Enjoy a traditional Florentine dinner

Day 6: Florence
- Enjoy an optional Tuscan wine tasting
- Visit the Duomo
- Take a guided tour of Florence
- See Ponte Vecchio
- See Piazza della Signoria

Day 7: Florence • San Miniato
- Take an excursion to San Miniato
- Enjoy a local food tasting
- Enjoy a Tuscan virgin olive oil tasting
- Enjoy lunch at a Slow Food Association restaurant

Day 8: Florence • Bologna
- Travel to Bologna
- Visit the University of Bologna
- Tour Bologna with an expert local guide
- Visit the University of Bologna
- Enjoy a regional dinner in Bologna

Day 9: Bologna • Milan Region
- Participate in a cooking class
- Travel to Milan Region

Day 10: Depart for home

WHAT’S INCLUDED
- Round-trip airfare
- Accommodations
- Transportation
- End-to-end support
- Expert local guides
- Full-time Tour Director
- Guided sightseeing
- Entrances
- Regional-style meals

REQUESTED DEPARTURE DATE — SUBJECT TO CHANGE:

MAY 13 | MAY 22 | MAY 24

Requested departure | Requested return | Latest return

DEPARTURE CITY: HOUSTON

PROGRAM NUMBER: 2063451TV

ENROLL BY PHONE: 877-485-4184
ENROLL ONLINE: EFCST.COM/2063451TV

*PROGRAM PRICE VALID FOR TODAY. DOUBLE ROOMING IS REQUIRED FOR TRAVELERS AGE 30 AND OLDER AT THE TIME OF TRAVEL. CHANGE AND CANCELLATION FEES OF UP TO THE TOTAL PRICE WILL APPLY. APPLICABLE AIRLINE BAGGAGE FEES ARE NOT INCLUDED AND CAN BE FOUND AT EFCOLLEGESTUDYTOURS.COM/BAGGAGE. ALL PRICES SUBJECT TO VERIFICATION BY EF PROGRAM COORDINATOR. TO VIEW EF’S BOOKING CONDITIONS, VISIT EFCOLLEGESTUDYTOURS.COM/BC.