

Tips and Benefit Reminders

- Blue Cross and Blue Shield of Texas (BCBSTX) supports the [Texas Round-Up Health & Fitness Initiative](#). Remember if you participate in the Governors Challenge you may also log your activity in the Personal Health Manager which will earn you [Blue Points](#).
- Participants of the HealthSelectSM of Texas medical benefit plan have access to online self-paced benefits training through the HealthSelect Web site at www.bcbstx.com/hs. Simply click on the "My Coverage" tab and then review the appropriate benefits training section. Here participants may access information on benefits highlights, FAQ's and online resources such as the [Personal Health Manager](#).
- HealthSelect does not limit the amount of times a Primary Care Physician (PCP) selection may be made for participants on the plan. To locate a PCP visit the BCBSTX Web site at <http://www.bcbstx.com/hs/provider.htm> and utilize the newly redesigned BCBSTX Provider Finder® tool. Participants may search for a provider by either Name or Provider Type as well as compare their selected physicians based on affordability and evidence based measures using the [BlueCompare](#) feature located within the Provider Finder.
- GBP/PCP Changes should be submitted to: BCBSTX Membership/Group Accounts @ P.O. Box 655730 Dallas, TX 75265-5730. Current forms may be located on the BCBSTX Web site at <http://www.bcbstx.com/hs/formspcp.htm>.
- If your HealthSelect ID card says "NO PCP ON FILE" (after your first 60 days of in-area coverage), and you want to obtain network benefits, you must contact BCBSTX Customer Service to select a PCP.
- As the third-party administrator for the HealthSelect medical plan, BCBSTX offers several ways for participants to contact the BCBSTX Customer Service Department:
 - Participants may call our toll- free number (800) 252-8039
 - Choose instant access to a representative through the LiveChat feature located in [Blue Access for Members](#), or
 - Members may also choose to utilize the Blue Access for Members convenient email feature, allowing them 24 hour access to send and review emails.
- Remember Medco® is the third-party administrator for the HealthSelect Prescription Drug Plan (PDP). All inquiries regarding the PDP should be directed to Medco at (800) 903-8345.
- Participants who choose to utilize non-contracting providers may be required to submit their own claim. These forms along with other forms such as the HIPAA Authorization form (utilized to authorize release of a participant's health information to a specific person) may be found online at <http://www.bcbstx.com/hs/forms.htm>.

For more information visit <http://www.bcbstx.com/hs/planinformation.htm>.

Thank You.