WHITENING

IS WHITENING RIGHT FOR ME?

Individuals whose teeth have been stained from coffee, tea, dark cola, tobacco, or red wine will experience the most noticeable improvements. Some individuals may have darker teeth due to chemical reactions that occur in the body and will see less dramatic changes. Either way, whitening will produce significant results for most patients.

OUR WHITENING OPTIONS

Zoom! Is an in-office whitening method that uses a unique light-based system to get your teeth looking their best! This is a stand-alone treatment that requires only one office visit.

Custom Whitening Trays hold whitening gel closely to your teeth and create optimal results in just 2-3 weeks. Purchase refills every year to maintain your amazing results!

Take-home Kits are great for touch-ups in between whitening procedures. They are an easy way to ensure that your smile is always its brightest!

F.A.Q.s

HOW LONG DOES WHITENING TAKE?

In-office procedures require a one hour appointment, and take-home kits vary from 3-14 days.

HOW LONG DO THE RESULTS OF WHITENING LAST?

With proper oral hygiene habits, teeth that have been whitened will always remain brighter than teeth that have not been whitened. Regular brushing and flossing with occasional touch-up maintenance will keep your teeth their brightest.

IN-OFFICE VS. TAKE-HOME?

Both approaches to whitening achieve similar results; the only real difference is cost and time. The best approach is a combination of both.

www.uh.edu/healthcenter
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