











ABOUT THIS SESSION

- IDENTIFY YOUR PURPOSE
- PRODUCTIVITY BOOSTERS
- STRATEGIES TO FOSTER A HABIT OF EXCELLENCE
- IDENTIFY AND MANAGE DISTRACTIONS
- HELP YOUR TEAM FUNCTION BETTER AS A UNIT

Teeba Rose Marketing Manager

#1

What professionally comes natural for you and you enjoy?

- Organization
- Speaking / presenting
- Managing projects
- Leading others
- Creating visions
- Communication
- Problem solving
- Implementation
- Event Planning
- Marketing
- Research
- / IT / Computers
- Accounting / Budgeting



What do you need to be the best version of yourself?

Your wish list

What do you need, to be the best version of yourself?

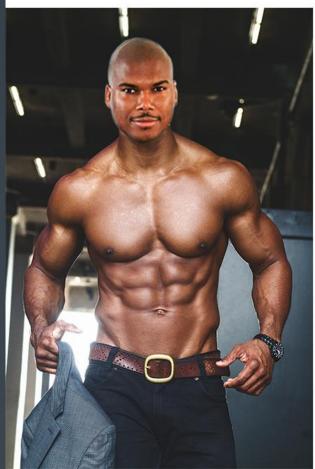
Teeba Rose

Marketing Manager
UNIVERSITY of HOUSTON HOUSING

Software Training Skill Conference **Larger Team** An incentive / recognition An accountability partner

How would you be different if you reached your goal?

What if ... you followed through?



More Confidence

Better Health

More Energy

Look Amazing

Inspire Others

Become the Example

More Confidence

More Money

Example for my kids

Motivational Speaker

Fulfilling Life

Great Testimonial





More self confident
Subject matter expert
More earning potential
Less stress
The SIZE of the leader...



#2

Productivity Boosters

- Attitude is everything
- People are more productive when they have accomplished something
- Expect to have a great day and work to make it so
- Food is powerful
- Always engage in "Plan Do Review"













Attend a local networking event
Strong partnerships and relationships (quality over quantity)
Industry Conference
Build your network on campus
You're better = We're better
Be a life long learner (books, free classes, webinars)

SESSION RECAP

- **#1 IDENTIFY YOUR PURPOSE**
- #2 PRODUCTIVITY BOOSTERS
- #3 STRATEGIES TO FOSTER A HABIT OF EXCELLENCE
- #4 IDENTIFY AND MANAGE DISTRACTIONS
- #5 HELP YOUR TEAM FUNCTION BETTER AS A UNIT