

# **“Food and the African Diaspora”**

## **Food *for* Thought Speaker Series**

The University of Houston’s Gulf Coast Food Project and Foodways Texas



**Dr. Richard Mizelle, Jr.  
University of Houston**

### **"Diabetes, Race, and the Politics of Food Consumption in America"**

Dr. Mizelle’s talk focuses on the social and political meaning of diabetes and food in the twentieth century. Despite changes in the scientific and popular imagination of diabetes over the past century, notions of self-discipline and personal choice around food consumption remain as defining today as they were in the early twentieth-century. Linking the past to the present, and an uncertain future, eating our way out of diabetes is not so simple for Americans living in harsh environmental landscapes.

The event is made possible by the generous support of the UH Center for Public History Lecture Series and Foodways Texas, Graduate School of at Texas Southern University, UH College of Liberal Arts and Sciences, UH African American Studies program, UH History Department, Sugar and Rice Magazine, Project Row Houses, and Lucille’s Restaurant.

**Friday  
February 19th  
University  
Museum  
Texas Southern  
University**

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**12:00-1:00**  
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Questions, contact Todd Romero: [tromero2@uh.edu](mailto:tromero2@uh.edu)