

U of H Charter School Temporary Weekly Meal Box Menu (K-8) September 2020

Prepared by The Healthy Lunch Box 281-444-8444

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																
	<p>1</p> <p>B: Strawberry Yogurt & Granola Banana, Apple Juice, 1% or FF Milk</p> <p>L: Grilled Cheese Sandwich (Mozzarella & Cheddar), Green Beans, Craisins, 1% or FF Milk</p>	<p>2</p> <p>B: Cocoa Cherry Bar, Whole Apple, 1% or FF Milk</p> <p>L: Chicken Corn Dog, Pinto Beans, Banana, 1% or FF Milk</p>	<p>3</p> <p>B: Cinnamon Toast Bar, Banana, Apple Juice, 1% or FF Milk</p> <p>L: Chicken Nuggets, Ketchup, Carrot Sliccs, Craisins, 1% or FF Milk</p>	<p>4</p> <p>B: Cheerios Apple Cinnamon, Whole Apple, 1% or FF Milk</p> <p>L: Personal Pan Cheese Pizza, Broccoli Florets, Banana, 1% or FF Milk</p>																																																																																																																
<p>7</p>	<p>8</p> <p>B: Strawberry Yogurt & Granola Banana, Apple Juice, 1% or FF Milk</p> <p>L: Grilled Cheese Sandwich (Mozzarella & Cheddar), Green Beans, Craisins, 1% or FF Milk</p>	<p>9</p> <p>B: Cocoa Cherry Bar, Whole Apple, 1% or FF Milk</p> <p>L: Chicken Corn Dog, Pinto Beans, Banana, 1% or FF Milk</p>	<p>10</p> <p>B: Cinnamon Toast Bar, Banana, Apple Juice, 1% or FF Milk</p> <p>L: Chicken Nuggets, Ketchup, Carrot Slices, Craisins, 1% or FF Milk</p>	<p>11</p> <p>B: Cheerios Apple Cinnamon, Whole Apple, 1% or FF Milk</p> <p>L: Personal Pan Cheese Pizza, Broccoli Florets, Banana, 1% or FF Milk</p>																																																																																																																
<p>14</p> <p>B: Honey Graham Crackers, Whole Apple, 1% or FF Milk</p> <p>L: Hamburger, w/Ketchup, Bakeable French Fries, Whole Orange, 1% or FF Milk</p>	<p>15</p> <p>B: Strawberry Yogurt & Granola Banana, Apple Juice, 1% or FF Milk</p> <p>L: Grilled Cheese Sandwich (Mozzarella & Cheddar), Green Beans, Craisins, 1% or FF Milk</p>	<p>16</p> <p>B: Cocoa Cherry Bar, Whole Apple, 1% or FF Milk</p> <p>L: Chicken Corn Dog, Pinto Beans, Banana, 1% or FF Milk</p>	<p>17</p> <p>B: Cinnamon Toast Bar, Banana, Apple Juice, 1% or FF Milk</p> <p>L: Chicken Nuggets, Ketchup, Carrot Slices, Craisins, 1% or FF Milk</p>	<p>18</p> <p>B: Cheerios Apple Cinnamon, Whole Apple, 1% or FF Milk</p> <p>L: Personal Pan Cheese Pizza, Broccoli Florets, Banana, 1% or FF Milk</p>																																																																																																																
<p>21</p> <p>B: Honey Graham Crackers, Whole Apple, 1% or FF Milk</p> <p>L: Hamburger, w/Ketchup, Bakeable French Fries, Whole Orange, 1% or FF Milk</p>	<p>22</p> <p>B: Strawberry Yogurt & Granola Banana, Apple Juice, 1% or FF Milk</p> <p>L: Grilled Cheese Sandwich (Mozzarella & Cheddar), Green Beans, Craisins, 1% or FF Milk</p>	<p>23</p> <p>B: Cocoa Cherry Bar, Whole Apple, 1% or FF Milk</p> <p>L: Chicken Corn Dog, Pinto Beans, Banana, 1% or FF Milk</p>	<p>24</p> <p>B: Cinnamon Toast Bar, Banana, Apple Juice, 1% or FF Milk</p> <p>L: Chicken Nuggets, Ketchup, Carrot Slices, Craisins, 1% or FF Milk</p>	<p>25</p> <p>B: Cheerios Apple Cinnamon, Whole Apple, 1% or FF Milk</p> <p>L: Personal Pan Cheese Pizza, Broccoli Florets, Banana, 1% or FF Milk</p>																																																																																																																
<p>28</p> <p>B: Honey Graham Crackers, Whole Apple, 1% or FF Milk</p> <p>L: Hamburger, w/Ketchup, Bakeable French Fries, Whole Orange, 1% or FF Milk</p>	<p>29</p> <p>B: Strawberry Yogurt & Granola Banana, Apple Juice, 1% or FF Milk</p> <p>L: Grilled Cheese Sandwich (Mozzarella & Cheddar), Green Beans, Craisins, 1% or FF Milk</p>	<p>30</p> <p>B: Cocoa Cherry Bar, Whole Apple, 1% or FF Milk</p> <p>L: Chicken Corn Dog, Pinto Beans, Banana, 1% or FF Milk</p>	<table border="1"> <thead> <tr> <th colspan="7">Aug 2020</th> <th colspan="7">Oct 2020</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> </tr> <tr> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		Aug 2020							Oct 2020							M	T	W	T	F	S	S	M	T	W	T	F	S	S						1	2				1	2	3	4	3	4	5	6	7	8	9	5	6	7	8	9	10	11	10	11	12	13	14	15	16	12	13	14	15	16	17	18	17	18	19	20	21	22	23	19	20	21	22	23	24	25	24	25	26	27	28	29	30	26	27	28	29	30	31		31													
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