

Immunization Recommendations

Although the University of Houston does not require immunization records for general enrollment, the UH Health Center does recommend the following immunizations. (The price includes the \$1.00 syringe charge)

Description/Recommendations
<p>Gardasil (HPV vaccine) – 3 doses over 6 months*</p> <p><i>*Recommended for women up to 26 years of age for the prevention of cervical cancer, precancerous or dysplastic lesions, and genital warts caused by human papillomavirus (HPV).</i></p> <p>Call 713-743-5156 to schedule an appointment with the Women’s Clinic.</p>
<p>Hepatitis A – 2 doses 6-18 months apart*</p> <p><i>*Recommended if you work in a high risk environment in which you come in contact with urine or feces</i></p>
<p>Hepatitis B – 3 doses over 6 month period*</p> <p><i>*Recommended if you are sexually active or work in a high risk environment with blood and body fluids</i></p>
<p>Twinrix (Hepatitis A / Hepatitis B combo) – 3 doses over 6 months*</p> <p><i>*Recommended if you work in a high risk environment in which you come in contact with urine, feces, blood, and body fluids</i></p>
<p>Influenza (Flu) Seasonal – 1 dose annually</p>
<p>Meningococcal (Meningitis) – 1 dose, booster in 5-10 yrs*</p> <p><i>*The CDC recommends that college students and their parents educate themselves about this disease and the possible benefits of the vaccine.</i></p> <p><i>Beginning on January 1, 2010, state law requires that first-time and transfer students who plan to live in on-campus housing must show evidence of vaccination against bacterial meningitis or meet certain criteria for declining such a vaccination before they can live on campus.</i></p>
<p>MMR (Measles/Mumps/Rubella) – 2 doses*</p> <p><i>*If you have not previously had these diseases or immunizations in childhood and were born after 1957</i></p>
<p>Pneumococcal (Pneumonia) – 1 dose*</p> <p><i>*Booster in 5 years recommended for those at high risk for complications of that disease</i></p>
<p>Tdap (Tetanus/Diphtheria/Pertussis) - 1 dose every 10 years</p>
<p>Testing for Tuberculosis (TB or PPD) – annual testing*</p> <p><i>*The UH Health Center recommends that all students have a PPD test to check for Tuberculosis annually during their school career. There is no vaccine for TB, but the disease can be cured with a medication regime</i></p>
<p>Typhoid – 1 dose*</p> <p><i>*Recommended for all travelers to underdeveloped countries</i></p>
<p>Varicella (chicken pox) - 2 doses 1-2 months apart</p>

Titers/Antibody Tests:
Rubella
Measles (Rubeola)
Mumps
Varicella
Hepatitis B