

Responsibility

**When I Feel Responsible FOR
Others . . .**

I
 fix
 protect
 rescue
 control
 carry their feelings

I feel
 tired
 anxious
 fearful
 liable

I am concerned with:
 the solutions
 answers
 circumstances
 being right
 details
 performance

I am a manipulator

I expect the person to live up
 to my expectations.

**When I Feel Responsible TO
Others . . .**

I show empathy
 encourage
 share
 confront
 level
 am sensitive
 listen

I feel
 relaxed
 free
 aware
 high self-esteem

I am concerned with:
 relating person to
 person
 feelings
 the person

I believe if I just share myself,
 the other person has
 enough to make it.

I am a helper-guide
I expect the person to be
 responsible for himself
 and his own actions.

I can trust and let go.